

SCHOOLS

Be careful and monitor the risk level for the spread of the coronavirus

For each risk level, the instructions for the previous level must also be followed. The higher the risk, the more careful we need to be. Together, we will find the solutions to keep the risk level as low as possible.

To prevent the spread of the coronavirus, our teachers, faculty, and other staff have to follow the recommendations below, and we ask that **you** do the same:

LOW RISK

- do not come to school if you are ill, take a COVID-19 test if you suspect you might have it
- notify the school of a positive coronavirus test or the fact you are self-isolating
- persons with symptoms are sent home, rooms contaminated with the virus are closed and cleaned

MEDIUM RISK

- wear a mask indoors in crowded areas (except children under the age of 12)
- carry out activities outdoors or virtually wherever possible
- the educational institution ensures dispersal, events are organised only on a class or group basis

HIGH RISK

- wear a mask in the study building (except children under the age of 12)
- limit your contacts, but communicate with teachers, faculty, and peers online
- keep a safe distance in the study building
- maintain physical activity and mental health, ask for help if necessary
- events are organised only virtually

VERY HIGH RISK

- avoid all out-of-home meetings

Are you

vaccinated?

[Read more vaktsineeri.ee](https://www.vaktsineeri.ee)

The guidelines have been compiled by the Estonian School Directors Association, Õpetajate Liit (Teachers' Union), the Estonian Educational Personnel Union, the Network of Estonian Teachers' Associations, the Estonian School Students Councils' Union, Riigigümnaasiumide Koolijuhtide Ühendus (Association of State Upper Secondary School Directors), the Estonian Association for Advancement of Vocational Education, Universities Estonia, and the Estonian Rectors' Conference of Universities of Applied Science.

For more information on the coronavirus risk levels, see

[kriis.ee](https://www.kriis.ee)