

TRAININGS

Be careful and monitor the risk level for the spread of the coronavirus

For each risk level, the instructions for the previous level must also be followed. The higher the risk, the more careful we need to be. Together, we will find the solutions to keep the risk level as low as possible.

To prevent the spread of the coronavirus, our lecturers have to follow the recommendations below, and we ask **you** to do the same:

LOW RISK

- do not attend the training if you are ill, take a COVID-19 test if you suspect you might have it
- keep a safe distance from other participants

MEDIUM RISK

- wear a mask indoors
- prefer virtual trainings
- reduce contacts with other people

HIGH RISK

- learning activities take place as distance learning
- only individual training can be organised indoors
- wear a mask indoors

VERY HIGH RISK

- avoid out-of-home meetings
- individual training can only be organised outdoors

Are you

vaccinated?

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